

Nakano Foreign Residents' Advisory Desk Information Magazine

Have you heard about the Foreign Residents' Advisory Desk at Nakano City Office?

I received a letter from the city office. What does it say?

I want to apply for a My Number Card.

Are there places where I can study Japanese for free?

How do I enroll my child in a Japanese school?

**Feel free to consult us about any difficulties in your daily life.
If necessary, we will introduce you to the appropriate department at the city office or other relevant organizations.**

Nakano Foreign Residents' Advisory Desk

Special Counselling

Date

Monday – Friday
Excluding weekends, holidays and
New year's holiday
(December 29 – January 3)

Time

10:00 – 12:00, 13:00 – 17:00

Place

Nakano City Office 4th floor

Tel

03-3228-8929 (direct)

Date

January 20 (Tue)
February 17 (Tue)
March 17 (Tue)

Time

10:00 – 12:00, 13:00 – 16:00

Venue

Nakano City Office 2nd floor

Language

English, Chinese, and Japanese available.
Interpretation available in 30 other languages
via tablet.

Seasonal Japanese Culture

New Year

New Year's Day, celebrated on January 1, is considered the most important annual event in Japan. During the New Year holidays, schools and workplaces close, so many people return to their hometowns, spend time relaxing with family, or go on trips.

One of the highlights of the New Year is the special food called *osechi ryori*. These beautifully arranged dishes are served in stacked boxes called *jubako* and are enjoyed at the first meal of the year. There are many different kinds of dishes included in *osechi*, and the selection varies by region. Each item has a symbolic meaning for good fortune. For example:

Kazunoko (herring roe) – symbolizes prosperity and many children.

Kuromame (black beans) – represents diligence and good health.

Kurikinton (sweet chestnut and mashed sweet potato) – its golden color symbolizes wealth and good fortune.

Osechi is not only delicious but also filled with wishes for happiness and prosperity in the coming year.



Garbage Collection During the New Year's Holidays

There are days during the New Year's holidays when garbage is NOT collected. Please check in advance which days collection will be suspended and when it will resume.

Type	NOT collected
Bottles/Cans/PET bottles	Dec. 31 – Jan. 4
Large-Sized Waste Advance-application required	Dec. 28 – Jan. 4
Ceramics/Glass/Metal waste	
Recyclable Plastics	Dec. 31 – Jan. 3
Combustible Waste (*)	

(*) In some areas, combustible waste will be collected on January 4 as a special service. For details, please check the official website or the "Nakano City Garbage Sorting App."

Official Website



Nakano City Garbage
Sorting App.



Nakano Running Festa 2026

A refreshing running and relay marathon event through "Nakano Shikinomori Park"! This running festival is packed with fun, including food stalls and many exciting activities.

Date & Time

March 8, 2026 (Sunday)
AM9:20 – PM4:30

Venue

Nakano Shikinomori Park
Nakano 4-12-13

Registration

Runner registration is open until February 1. Visitors do not need to register in advance.

Participation fees and capacity vary depending on the race category. For details, please visit the official website.



Coming-of-Age Ceremony in Nakano City

In early December 2025, an invitation will be mailed to eligible residents living in Nakano City. Please check the invitation for details. If you do not receive the invitation, please contact Nakano City Office.

Date

January 12, 2026(Monday)

Place

Nakano "ZERO"
Nakano 2-9-7, Nakano-ku

Participants

People born between April 2, 2005 and April 1, 2006, who live, study, or work in Nakano City

Contact

Sound Upbringing Section
03-3228-5648

Please check the official website



Hina Doll Exhibition

At the Nakano City Museum of History and Folklore, you can see hina doll displays from the Edo period to the Heisei period (1603 – 2019), with a special focus on the Yamazaki family's hina dolls, which are designated as cultural assets of Nakano City.

Date

February 10 – March 14, 2026

Venue

Nakano City Museum of History and Folklore
Egota 4-3-4, Nakano-ku



Fee

Free

Annual Event Schedule



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