

How to Read Your Payment Notice

- If your income information is unknown, your premium is calculated based on the per capita amount only and may be changed after such information becomes available.
- Those who turn 75 in the middle of the fiscal year will be charged for the Senior Citizen Medical Insurance premiums starting their birth month, and their National Health Insurance premiums will be deducted starting the month.
- Those who turn 65 in the middle of the fiscal year will be charged for the Long-Term Care premiums separately starting their birth month (previous month if born on the 1st of a month) and their National Health Insurance premiums will be deducted (for Long-Term Care) starting the month (previous month if born on the 1st of a month).

・ This notice has been prepared based on the current information as of **June 7th, 2025(Reiwa 7)**.

◆ Ordinary Collection (payment slip or direct debit) ◆												If you do not have the necessary payment slip, please contact us.		(in yen)
期 別/Due date 納期限/by period	第11期 month	第1期/1st 6/30	第2期/2nd 7/31	第3期/3rd 9/1	第4期/4th 9/30	第5期/5th 10/31	第6期/6th 12/1	第7期/7th 1/5	第8期/8th 2/2	第9期/9th 3/2	第10期/10th 3/31	合計額/Total		
前回通知 Previous Notice														
① 今回通知 ① This Notice		46, 260	46, 260	46, 260	46, 260	46, 260	46, 260	46, 260	46, 260	46, 260	46, 260	462, 600		
② お支払済み金額※ ② Paid Amount※	0	0												
納めていただく金額 Due Amount	0	0	46, 260	46, 260	46, 260	46, 260	46, 260	46, 260	46, 260	46, 260	46, 260	462, 600		

※ Confirmation of the paid amount may take one month after payment to the financial institution.

期別 Payments	第1回(4月) #1 (April)	第2回(6月) #2 (June)	第3回(8月) #3 (August)	第4回(10月) #4 (October)	第5回(12月) #5 (December)	第6回(2月) #6 (February)	合計額 Total		
前回通知 Previous Notice	0	0	0	0	0	0	0		
今回通知 This Notice	0	0	0	0	0	0	0		

保険料を引き落しする年金 Pension insurance premiums are automatically deducted from	
特別徴収義務者 Special collection duty holder	
特別徴収中止理由 Reason for suspension of special collection	

◆ FY2026(Reiwa 8) Tentative Due Amount◆		
第1回(4月) #1 (April)	第2回(6月) #2 (June)	第3回(8月) #3 (August)
0	0	0

Temporary collection means special collection in April, June, August of the next fiscal year.
Temporary collection amount is the same as special collection amount in February this year.

◆Individual breakdown (reference)◆ Please note that longer names may be shown incompletely due to space limitations.

氏 名 Name	今 回 通 知/This Notice		前 回 通 知/Previous Notice		加 入 月 In Plan												
	個人別保険料(概算) Individual premiums (approximate)	個人別算定基礎額 Individual calculation base amount	個人別保険料(概算) Individual premiums (approximate)	個人別算定基礎額 Individual calculation base amount		4	5	6	7	8	9	10	11	12	1	2	3
John Nakano	339,000 円/yen	2,000,000 円/yen	0 円/yen		加入月 Coverage 介護分 Long-Term Care	○	○	○	○	○	○	○	○	○	○	○	○
Mary Nakano	61,800 円/yen	0 円/yen	0 円/yen		加入月 Coverage 介護分 Long-Term Care	○	○	○	○	○	○	○	○	○	○	○	○
Tim Nakano	61,800 円/yen	0 円/yen	0 円/yen		加入月 Coverage 介護分 Long-Term Care	○	○	○	○	○	○	○	○	○	○	○	○
					加入月 Coverage 介護分 Long-Term Care												
					加入月 Coverage 介護分 Long-Term Care												
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					加入月 Coverage 介護分 Long-Term Care												

※ The total of "Individual premiums (approximate)" may not match the above "Total premiums" due to rounding.
※ Please refer to the back page for premium calculation.

※ Months when premiums are calculated are marked with ○, ◎, or ☆.
◎...dependents of employee insurance insuree who is subject to premium reduction (discount or exemption on income-derived premium and reduction by half on per-capita premium)
☆...Those whose premium is discounted due to involuntary unemployment (premium recalculated with 30% of income amount)

【Contact】Qualification
☎ 03-3228-5511~5512

Insurance premiums for those who turn 75 this year

If you turn 75 this year, your National Health Insurance premium will be calculated up to the month before your birth month, as you will be transitioning to the Senior Citizen Medical Insurance (Koki Koureisha) starting your birth month. For households withnoone enrolled in National Health Insurance, the payment will be completed in the month before your birth month. If anyone is enrolled, premiums for all those enrolled are added and the number of payments is divided evenly through March of the following year.

Please pay premiums by direct debit

Please use direct debit to pay insurance premiums, unless your premiums are automatically deducted from your pension. If unable to use direct debit, please pay with the city-issued payment slip.

◆ Signing up with Bank Card
Direct debit can be easily set up if you have a bank account with a bank card. Please come to the City Office or a regional office to sign up.

◇Supporting financial institutions
・Mizuho Bank ・Mitsubishi UFJ Bank
・Sumitomo Mitsui Banking Corporation ・Resona Bank
・Saikyo Shinkin Bank ・Seibu Shinkin Bank
・Japan Post Bank

◆ Signing up with Direct Debit Request Form
In addition to the above, you can set up direct debit by postal mail. Please fill in the designated "Direct Debit Request Form," seal with the head-of-household seal/seal registered with your financial institution, and submit. "Direct Debit Request Form" is available at financial institutions and post offices in the city, the City Office and regional offices.

◆ When your registration is complete, you will receive a "Notice on the Start of Direct Debit."

【Contact】NHI PaymentDept. City Office 2F
☎ 03-3228-5507

FAQ on premium payment

Q. What if I can not pay my insurance premiums?
A. If you are unable to pay your insurance premiums in time due to unavoidable circumstances, such as unemployment or illness, please contact the National Health Insurance Collection Department (City Office 2F) as soon as possible.

Q. What happens if my premium payment is delinquent?
A. We send notices, call, or visit those who do not pay the premiums before the due date for no special reason. Those who still fail to pay will be issued an insurance card with a short validity period. Those who further fail to pay will be issued an NHI Qualification Certificate instead of an insurance card. If you receive medical treatment with a Qualification Certificate, you will be required to pay for 100% of the cost at a medical institution and then file to receive the Special Medical Expenses (70-90% of medical expenses) at a later date for refund.
In addition, we may seize your property or suspend benefits.
Please pay your premiums by the due date.

【Contact】NHI CollectionDept. City Office 2F
☎ 03-3228-5509

Breakdown by member.

積 算 内 容 Breakdown			
区 分 Classification	①基礎分 ①Basic	②支援分 ②Support	③介護分※ ③Long-Term Care※
均 等 割 額 Per capita amount	136, 800 円/yen	48, 600 円/yen	17, 400 円/yen
所 得 割 額 Income-derived amount	158, 400 円/yen	57, 400 円/yen	44, 000 円/yen
軽 減 等 額 Discount, etc.	0 円/yen	0 円/yen	0 円/yen
月 割 減 額 Monthly Discount	0 円/yen	0 円/yen	0 円/yen
限度超過分減額/Discount on amountexceeding max. out-of-pocket	0 円/yen	0 円/yen	0 円/yen
過 年 度 賦 課 額 Previous year collection	0 円/yen	0 円/yen	0 円/yen
小 計 Subtotal	① 295, 200 円/yen	② 106, 000 円/yen	③ 61, 400 円/yen
合計(①+②+③) Total(①+②+③)	This is your annual premium. 462, 600円/yen		

※ ③Only members aged 40-64 pay for Long-Term Care premium.

	基礎分 Basic	支援分 Support	介護分 Long-Term Care
所 得 割 Income-derived amount	7. 92 %	2. 87 %	2. 20 %
均 等 割 Per capita amount	45, 600 円/1人 yen/pp	16, 200 円/1人 yen/pp	17, 400 円/1人 yen/pp
年間限度額 Annual limit	660, 000 円/yen	260, 000 円/yen	170, 000 円/yen

